

THE SAD BOOK



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Heritage Fund

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A photograph of two young children playing on a beach. The child on the left is standing in shallow water, wearing a blue tracksuit. The child on the right is leaning forward, wearing a green and white striped shirt and dark shorts, also in the water. The background is a vast, calm ocean under a clear sky.

THE SAD BOOK

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DISCOVERY BOOKS

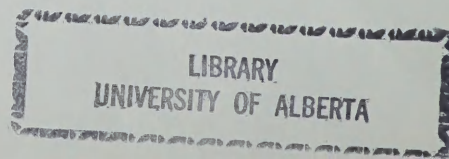
This series includes the following titles:


You Are Special	Hanukkah, The Festival of Lights
Growing Always Seems to be Up	Sun Neen, The Best Time of the Year
Helping Makes Me Happy	On the Safe Side
The Mad Book	My Police Friends
The Sad Book	My Health Friends
Do You Ever Get Scared?	A Workday in the City
What Mothers Do	A Farmer is a Friend
What Fathers Do	(Additional titles in preparation)

Photographs by Rachel Thompson

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A young girl with dark hair tied in a bun is shown in profile, looking out over a body of water. She is wearing a green turtleneck sweater under a white dress with yellow ruffled trim. In the background, a wooden pier extends across the horizon under a pale sky.

Sometimes I feel sad.
Do you?



I was sad when one of my friends moved away.



But yesterday I drew a picture for him.
My aunt put it in the mail. Now my friend
and I both feel better.



Last Christmas I wanted a pony, but I didn't get one. I was so sad that I cried.



Then Grandmother came to visit, and I
forgot all about being sad!

Once I dropped a glass of milk, and the glass broke. It was one of my aunt's special glasses. I felt sad.






My aunt knew I didn't mean to break it.
She picked me up and hugged me, and I
felt better.

My little brother was sick. I was sad,
and I wanted to help him.



A young boy with dark skin is lying in bed, smiling broadly while holding a black telephone receiver to his ear. He is wearing a light blue long-sleeved shirt and a white t-shirt with a red line drawing of a person's head and shoulders. The white t-shirt also has the text "Friends!" and "and" visible. The bed has a red blanket and a blue and white striped pillow. The background is a solid red wall.

I told him a story that made him laugh.
That made me feel happy, too.



I get mad at my sister sometimes, and once I pushed her. Then I felt sad.



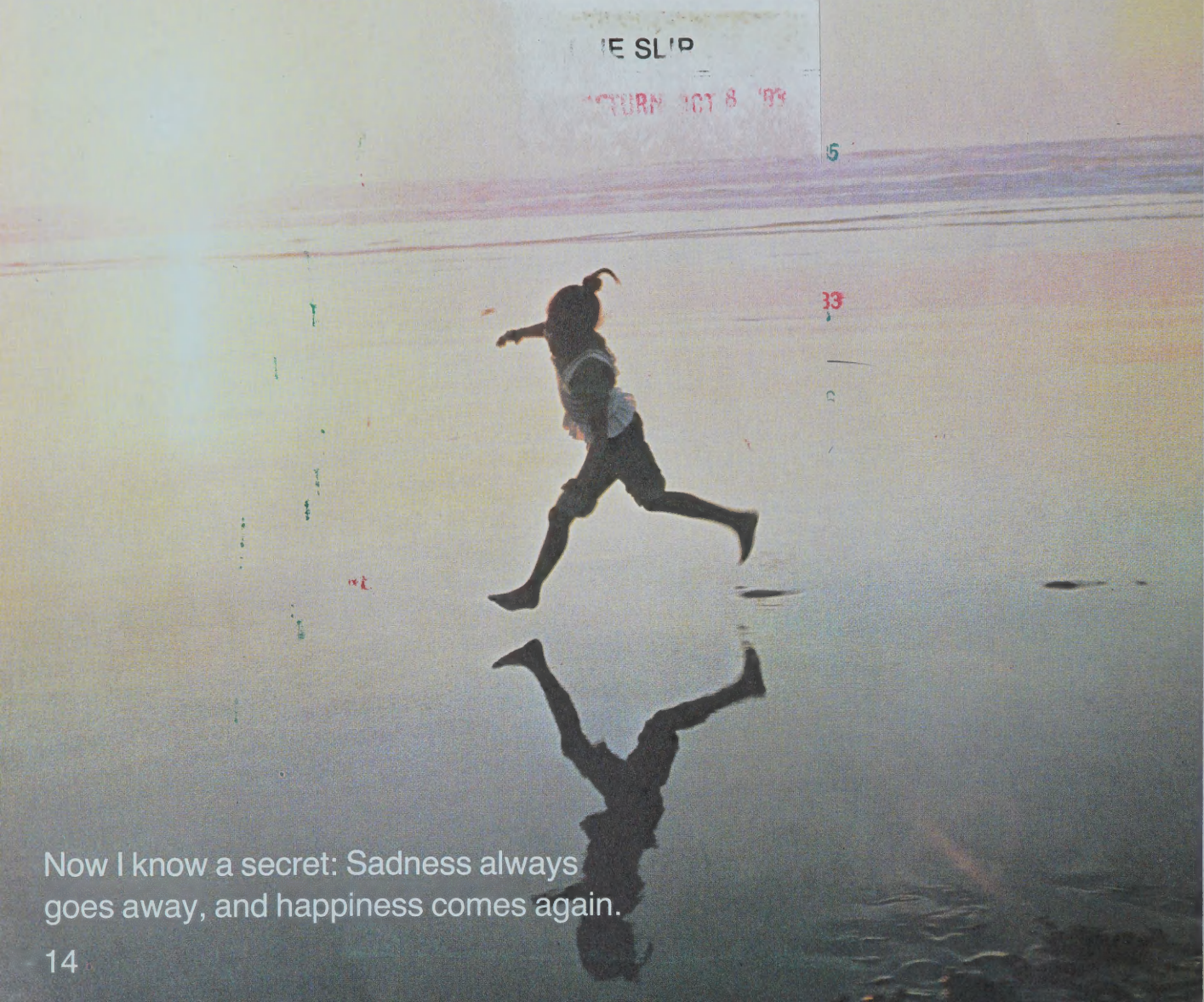
I told her I was sorry, and we both
felt better.

My dog died, and I was sad for a long time.
Then I remembered how we played together.

I think about the fun we had together,
and I begin to laugh.







Now I know a secret: Sadness always
goes away, and happiness comes again.

DATE DUE SLIP

OCT 19	RETURN	DUE EDUC	OCT 22 '91
OCT 21 1991 RETURN			
DUE EDUC	SEP 25 '88	DUE EDUC	SEP 25 '95
SEP 25	RETURN	RETURN	SEP 25 '95
DUE EDUC	MAR 23 '89		
MAR 17	RETURN		

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**DISCOVERY
BOOKS**

